



TEXAS  
Health and Human  
Services

★ Abilene State Supported Living Center ★

**OUR MISSION:**  
To empower people to make choices  
that result in a life of dignity and  
increased independence.

# AbSSLC News

Abilene SSLC

Week of December 12<sup>th</sup>, 2022

## COVID19 Testing @ Chapel

Round 1 - Tuesday, December 13<sup>th</sup>

Round 2 - Thursday, December 15<sup>th</sup>

## Family Night @ the Gym!

Bring your family out to the AbSSLC Gym on **Monday night** from **6pm-830pm** to see the amazing Christmas displays that have been setup. A great family time!

## Tips for Safe Holiday Shopping

The most wonderful time of the year also brings out Grinches, aka thieves and hackers. Simple steps can help reduce your chances of being a target, whether you're shopping online or hitting the stores the old-fashioned way.

"It's sad that people take advantage of our goodwill, but it's better to be safe than sorry," said Sarah Morrow, HHS chief privacy officer and director, who offered the following tips when shopping online:

**Use legitimate sites.** Beware of misspelled web addresses. Hackers have improved techniques for disguising their webpages to look like legitimate sites.

**Use a secure network.** Make sure there's a locked padlock icon next to the URL and avoid using public Wi-Fi connections.

**Be careful of what you share online.** Posting birthdates, old addresses, children's or pet's names can give hackers clues to passwords.

**Check your statements.** Log on to your bank account and credit card websites to see if anyone is spending money you don't know about. Call immediately if you suspect fraud.

Remember, you need to be just as aware when you're shopping at brick-and-mortar stores. Here's a few things you can do to help stay safe:

- Be aware of your surroundings.
- Keep your wallet in your front pocket, hold your purse tightly and don't get lost on your phone when walking.
- Park under a light if you can and never hesitate to ask store security to escort you to your vehicle if you're uncomfortable.
- Don't carry large sums of cash. Credit cards have fraud protection.
- Keep it light. Don't keep cards or cash in your wallet that you don't need on your trip. If something does happen, you'll minimize your losses.

Reprinted from the HHSC Connection News

## AbSSLC Shining Stars!

In addition to our ShoutOuts, we would like to start featuring a **AbSSLC Shining Star** in the newsletter. This will include a picture of the person along with a brief history of their time here and comments/quotes from the person making the nomination. The person featured will get a color copy of the newsletter along with a certificate recognizing their shininess.

AbSSLC is blessed with truly incredible staff – let's help recognize them! Please send your nominations (name + a quote or two about their work) to Jeff Goza via email, text or using the Feedback link!

## 2022 W2 & 1095-C Forms

Tax time will be here soon – getting your W2 and 1095-C forms electronically can save you 10+ days waiting for the mail which lets you file faster!

You can give your consent to receive these electronically by logging into CAPPs. If you have done this in the past, you don't have to do it again as it remembers from year to year.



Click the [link](#) or scan the code to let us know your questions or tell us your ideas and thoughts to make AbSSLC an even better place to live & work!



# Shout Outs!

A Shout Out for **Chaplain Mike Horton**. What a blessing Mike has been to our campus since he first started with us. We have had our share of unfortunate passings of treasured individuals living here recently. In each situation, Chaplain Mike has been supportive, full of care and shared wisdom and led us all to a place of peace. His kind nature of listening to others and offering guidance when asked is most appreciated. He is always one of the first to raise his hand to help out, and usually one of the last few leaving an event. Thank you Chaplain Mike.

Saturday 12/10 was Human Rights Day! We LOVE our Human Rights Officer, **Jessica Garcia**! THANK YOU, Jessica, for protecting the rights of the people we serve! YOU are AMAZING!

Shout Out to **Rene & Marta** @ Archives. I would like to share praise for their efforts in transforming the mess that once was upstairs into what is a greatly organized workspace. I know there is a great amount of work still to be done, but their work so far is phenomenal.

Shout Out to our Housekeeper that does the Pharmacy. We love **Isabel** as our housekeeper! She does such a good job and is a great team player!

Shout Out to **everyone** that participated in the 118<sup>th</sup> Annual Christmas Parade last Friday. The weather wasn't cooperating 100% but it did feel more like Christmas! A special Shout Out to **Kayla** from FCT/D – she used her special connections to arrange for the Marines, Firemen and Santa to join us!

Shout out to **Nina Jones** (6750 Circle Drive) for her sharing her amazing art skills with us!



## Big Country Athletic Hall of Fame

Did you know we have our very own soccer star working at AbSSLC? Please take a moment to congratulate **David** on his induction into the Big Country Athletic Hall of Fame!



**David Salas** was the most dominant player in the non-scholarship era of men's soccer at Hardin-Simmons ranking first all-time in goals scored (46), assists (23), points scored (115), game-winning goals (17), shots (285), and shots on goal (140). He often fought through double and triple teams, always at his best when his team needed him most. He scored the game-winning goal in the ASC final as both a junior and senior. His goal from near midfield against Trinity in the NCAA Tournament is still one of the most talked about goals in school history. He was the Freshman of the Year in the conference, a four-time first-team all-conference selection and the MVP of the ASC as a senior. He was MVP of the ASC Tournament in 2005 and 2006, leading the Cowboys to ASC titles, and was a three-time all-region selection.

<https://www.bigcountryhomepage.com/sports/four-selected-to-hsu-athletic-hall-of-fame/>

## Shout Out!

Have you seen someone do the above & beyond or just want to recognize great work?

It's easy to do a Shout Out!

- "Reply" to any of the update texts you receive through the AskAdmin Text Group
- Email Jeff Goza with their name and your comments
- Text their name and your comments to 325.370.4525

Let's **Shout Out** and recognize others!