



TEXAS  
Health and Human  
Services

# Abilene State Supported Living Center

**OUR MISSION:**  
To empower people to make choices  
that result in a life of dignity and  
increased independence.

## AbSSLC News

Abilene SSLC

Week of November 14<sup>th</sup>, 2022

### COVID19 Testing

Round 1 - Wednesday, November 16<sup>th</sup>

Round 2 - Friday, November 18<sup>th</sup>

Please note the change in testing  
days for this week!

Testing for Thanksgiving Week will be  
Tuesday, November 22<sup>nd</sup> only

### Reminder

As a reminder, you should never independently give anything to someone that lives at AbSSLC. This includes money, cigarettes, lighters, etc. Giving them things can result in significant behavior issues or safety concerns.



Presented by the HHS Chief Information Security Office

### Protect Yourself This Holiday Season

11 a.m. Central Time, November 15<sup>th</sup>

The holidays are fast approaching, and threat actors are standing by. This busy season serves as primetime for cybersecurity threats. Join us for a **cyberFIT webinar at 11 a.m. on Tuesday, November 15<sup>th</sup>**. We'll discuss common holiday scams and how to prevent threat actors from ruining your holiday season.

[REGISTER NOW](#)

**33 YEAR CHRISTMAS TRADITION**  
*The longest family christmas tradition in Abilene*

**VOLUNTEER SERVICES COUNCIL**  
**2022 Christmas Lane**  
FREE TO THE PUBLIC

ACTIVITIES AND CONCESSIONS	INDOOR & OUTDOOR DISPLAYS SCHEDULE		
SANTA PHOTOS • NORTH POLE HOTLINE TRAIN • INDOOR DISPLAY - ANIMATED FIGURINES SANTA PHOTOS 6:30PM-8:30PM	<b>DECEMBER 2<sup>ND</sup>-12<sup>TH</sup></b>	<b>FRI &amp; SAT</b> 6PM-10PM	<b>SUN-THUR</b> 6PM-9PM
<b>ABILENEVSC.ORG/DONATE</b> 100% OF DONATIONS/SALES DURING CHRISTMAS LANE ARE USED TO IMPROVE THE QUALITY OF LIFE FOR THE PEOPLE LIVING AT ABSSLC.	<b>DECEMBER 16<sup>TH</sup>-23<sup>RD</sup></b>	<b>EVERY NIGHT</b> 6PM-10PM	
<b>CHRISTMASLANEABILENE</b> ABILENEVSC.ORG	<b>DECEMBER 23<sup>RD</sup>-26<sup>TH</sup></b>	<b>OUTDOOR DISPLAYS ONLY</b> 6PM-10PM	

**ABILENE STATE SUPPORTED LIVING CENTER**  
2501 MAPLE STREET • ABILENE, TX 79602

Want to volunteer at Christmas Lane?

<https://www.signupgenius.com/go/70A0C4FACAC29A4FB6-christmas2>



Friday, December 9<sup>th</sup>  
Plan now to participate!

### Independent Court Monitoring Team Visit

Monday, 11/14 – Thursday 11/17

**What is the Monitors' job?** It is their job to find out if people who live here are safe. It is also their job to find out if staff are helping people who live here to be healthy, learn new things, and to do as much as possible for themselves. The Texas Department of Health and Human Services and the Abilene State Supported Living Center agree that these things should happen, and that's why the Monitors are checking.

**What will the Monitors do?** The monitors will:

- Look at a lot of paperwork
- Talk to some of the individuals who live here and some of their families
- Talk to some of the staff who work here
- Visit lots of different places on campus to see what we do and how we do it.

WE WANT TO HEAR  
from  
**YOU**

Click the [link](#) or scan the code to let us know your questions or tell us your ideas and thoughts to make AbSSLC an even better place to live & work!



# Shout Outs!

I just can't say enough good about our infirmary DSPs. **Leroy, Jessica, Angela, Janie** and **Gilbert** demonstrate their love for our patients on a daily basis and are so vital in keeping the Infirmary running smoothly. They always know what is going on with the schedule and anything else to do with the patients. And **Chris Martinez** is always willing to jump in and assist hands on whenever he is needed.

Special hugeeee THANK YOU to the **Grounds Crew**: 1) grounds look SO pretty! 2) For hauling Halloween décor upstairs and hauling Christmas décor downstairs! Y'all are THE sweetest and we appreciate y'all SO much!

I would like to give a shout out to the **Recreation Department**. I will start out with all the staff that assisted with the bowling day for FUNdamentals and TSO. All the staff worked so hard that day helping the residents that were able to participate in this event. The smiles that I got to see on the residents faces was pure happiness. The Rec staff did an AMAZING job and I know for a fact made that day very special for the athletes that got to compete. To the other staff that moved the beginning of the Christmas decorations into the gym. A big thank you to them because that is no easy task. Thank you, thank you, thank you!

Thank you to all our Veterans! I have the utmost respect and admiration for Veterans.

Shout Out to all of the guys in **Maintenance** working on our home renovations. They have done some great work and worked lots of hours. Everyone involved has been great to work with and obviously want to make the campus better.

# Q&As

*How does our heating work here? It seems to vary a lot between building to building and even room to room.*

An excellent question – with lots of answers.

The cottages are the easiest to explain because their systems work just like the central heat/air at our homes, just bigger. Each cottage has 4 systems because of the size of the home. The units can be easily switched from cool to heat and can usually be adjusted to make most happy.

The other buildings aren't quite as easy to control. Many (such as 6480 Mimosa or 6500 Plum) have one unit that provides heating & cooling to the home. There are different air handlers (zones) in the building but multiple rooms are often controlled by one zone so you can't have room 100 being 73 degrees and room 101 being 69.

Finally, we have other buildings (such as 6380 Plum) that share a main system with other buildings but still have individual air handlers. These have the same type of zones so can be very difficult to get each room to the exact temperature desired.

The Infirmary has three huge air handlers for the entire building and many zones – it is likely the most difficult building to control.

It's also important to remember that temperatures are usually set (and kept at) a certain temperature for the Individuals comfort. They may be perfectly comfortable at 75 degrees but naturally staff that are up and working, bathing, etc. would like to see it cooler!

Please be patient with both Maintenance & Security when calling for changes – remember we have lots of customers to take care of it and that takes time.

## Shout Out!

Have you seen someone do the above & beyond or just want to recognize great work?

It's easy to do a Shout Out!

- “Reply” to any of the update texts you receive through the AskAdmin Text Group
- Email Jeff Goza with their name and your comments
- Text their name and your comments to 325.370.4525

Let's **Shout Out** and recognize others!