

## \* Abilene State Supported Living Center \*

#### OUR MISSION:

To empower people to make choices that result in a life of dignity and increased independence.

# **AbSSLC** News

Week of May 2<sup>nd</sup>, 2022

### Abilene SSLC

### Have you certified your **April 2022** Time Sheet?

#### **COVID19 Testing**

Round 1 - Tuesday, May 3rd

Round 2 - Thursday, May 5<sup>th</sup>

Testing Times - 0530-1130 & 1300-1500

#### **Heat Precautions**

Helpful Reminders for you and the people we serve:

- Limit outdoor activity, especially midday when the sun is hottest.
- Be sure all vehicles are cool and have properly working air conditioning. If the air conditioning is not working properly, report it to Motor Pool.
- Sunscreen should be worn and reapplied as indicated on the package.
- Pace activities. Start activities slow and pick up the pace gradually.
- Drink more water than usual and don't wait until you're thirsty to drink more. Encourage Individuals to do the same thing. Muscle cramping may be an early sign of heat-related illness.
- You and the Individuals should wear loose, lightweight, light-colored clothing.
- If you or an Individual need to cool down, cool showers or baths are helpful.
- <u>Never</u> leave anyone in a car unsupervised.

#### **HAB Equipment Related Issues**

Need to have a wheelchair looked at or fixed? How about a hospital bed or other HAB related equipment? Call x3206 during business hours or the Switchboard after hours!



Public Gervice RECOGNITION WEEK

MAY 1-7, 2022 PSRW.org #PSRW

Monday Tuesday	AbSSLC/Department Shirt Day 2 Different Colored Shoes Day & Popcorn
	Day
Wednesday	Star Wars Day
Thursday	Cinco De Mayo Day!
Friday	Team Spirit Day!

#### Turn Left on Red ...

A new light has been installed at the intersection of South 24<sup>th</sup> & Meadow Ln, just south of 6760 Circle Drive.

When the 24<sup>th</sup> Exit gate must be closed due to a Behavior Crisis, this light will turn "red", showing that you cannot exit. Instead, turn left at Meadow Ln. Depending on circumstances, another gate (normally 3<sup>rd</sup> Street) will have been opened or you can exit using the south lane of the main entrance by Maintenance.





It's important that you watch for this light and do not go past the turn-off when a behavior crisis is underway. You can still access Circle Drive during this time, but you should be very cautious as you get closer to the gate and be carefully watching for staff & Individuals in the area.

Additional work will be occurring soon at  $24^{th}$  & Meadow Ln – be watching for details.

### Shout Outs!

Shout Out to **Ms. Linda** at the Switchboard. She has worked very hard creating new menus for the Lonestar Coffee Tea House. They look absolutely outstanding! Thank you!

A **HUGE Whooo Hooooo** and **Way To Go** on our Annual Survey week! Great job everyone! We know we have THE best crew at AbSSLC ... it's great when "outsiders" get to see it too! Thank you to everyone involved with the Annual Survey! **QA people** ~ Thank YOU for all you do and all the time, effort, and energy you put in to communicating with Survey Team and all of us!



May 2022 Have you thanked a Nurse today?





# For the people served at the Abilene State Supported Living Center

Tuesday, May 3rd 12am-11:59pm

How to give:

Go to: abilenegives.org Look for & click on: Abilene Volunteer Services Council Click on DONATE and follow the directions.

\* Donations are tax deductible

**VSC Mission:** To improve the quality of life for the people served by the Abilene State Supported Living Center.





#### Shout Out!

Have you seen someone do the above & beyond or just want to recognize great work?

It's easy to do a Shout Out!

- "Reply" to any of the update texts you receive through the AskAdmin Text Group
- Email Jeff Goza with their name and your comments
- Text their name and your comments to 325.370.4525

Let's Shout Out and recognize others!