



TEXAS  
Health and Human  
Services

★ Abilene State Supported Living Center ★

**OUR MISSION:**  
To empower people to make choices  
that result in a life of dignity and  
increased independence.

# AbSSLC News

Abilene SSLC

Week of July 27<sup>th</sup>, 2020

## Calling in Sick

- If you are calling in for any kind of illness, you **MUST** call the Nursing Hotline **FIRST**. If you or anyone in your household is tested for COVID-19 you must call the Nursing Hotline immediately. You can reach this line by dialing **INFO (x4636)** from any campus phone or by calling **692-4053 x4636** from off-campus.
- After contacting the hotline you must then follow your regular call-in procedure.

### Speeding On (and off) Campus

Problems related to staff speeding on campus (and on the roads approaching the entrance at South 21<sup>st</sup> & Lakeside) have surfaced yet again. As a regular reader of AbSSLC News – which I'm sure you are – you remember this as a serious, and on-going, issue.



Exceeding the 15mph campus speed limit places those that live here at significant risk. Many enjoy walking around campus and it's our responsibility to help keep them safe. Speeding is a violation of campus rules and can cause you to lose the *privilege* of driving on campus. Speeding can also be considered a neglect issue because of the harm it could bring to those served.

Although the roads leading to campus (South 21<sup>st</sup> & Lakeside) don't belong to us, we need to be good neighbors and obey the traffic rules to help keep them safe. Think about how you would feel if someone was doing 40mph+ down your street and past your house. APD has been notified of the problem with speeding and will likely be adding patrols to this area.

### Got CDs?

Activity Center 5922/23 is asking for any scratched or broken CD/DVDs you might have for Active Treatment. They are making sensory mobiles for the sensory garden and other various arts and crafts. If you have any available please contact Keri McClure at x3351 or by email at [keri.mcclure@hhsc.state.tx.us](mailto:keri.mcclure@hhsc.state.tx.us)



### Tips to Remember when Shopping On-Line

(Part 1 of a series)

**Conduct research.** When using a new website for purchases, check the Better Business Bureau's [online directory](#) and [scam tracker](#). Read reviews of the website and see if other consumers had a positive or negative experience. Popular scams for online shopping include using stolen images from other websites combined with very low prices. Remember — if it sounds too good to be true, it probably is.

**Check the security.** When online shopping, check to be sure the website is security enabled. Look for web addresses with "https://" indicating extra measures to help secure your information.

**Personal information is like money — value and protect it.** When making a purchase online, be aware of the information collected to complete the transaction. If you think the requested information is unnecessary, search for a different vendor. Only fill out required fields at checkout.

## Are you hand washing & sanitizing frequently?

### AbSSLC News @ Home!

Can't wait till Monday to read the AbSSLC Weekly newsletter? Sign-up to get it in your Email at home! Click the link below or take a picture of the QR Code using your phone.

<http://www.absslc.org/news/absslc-news-email-list-sign-up/>



Sign-up Now!

# Shout Outs!

Thank you to **Cindy Arellano** and **Phyllis Conn** (Volunteer Services/Community Relations) for all the work they have been doing to sort through/put out donations, decorate displays, clean the store, and open/work at Glenda's Second Edition (GSE) on the days we have been able to open. Usually this is done by a team of 10 volunteers but since we are not able to have volunteers on campus they have taken on this huge task in order to allow staff to shop at GSE and to make some money which goes to improving the quality of life for those we serve at AbSSLC. Thank you ladies for all your hard work and dedication!!

Thank you to the **Grounds Crew** for cleaning out/grooming the flower beds at Glenda's Second Edition. They look SO much better! We appreciate all you do every day...especially when it's SO hot out!!!

Thank you to our **Administrative Staff** at AbSSLC for doing your best to keep us all safe and healthy!! We appreciate YOU!

Shout out to **Jay "Snake Charmer" Love** (Security) for removing & relocating snakes from the cottages. Shout out to the night shift DSP crew at 6710 Circle Drive- **Birka, Darius** and **Jacob**. They do a great job there - I'm the night TR nurse and they are great to work with also.

Shout out to **Ruth Torrez** from Unit 4 / 6760 Circle Drive

Shout out to **Orthotics Department** for recovering golf cart seats. Thank you so much.

## Shout Out!

Take a minute to recognize someone(s) for the above and beyond efforts for those we serve. It can be something little or big – if it helps those we serve have an extra special moment, we want to hear about it!

You can Shout Out by ...

- “Replying” to any AskAdmin Text
- Texting it to 325.370.4525
- Leaving it on the AbSSLC TALK Line (x8255)
- Emailing it to [jeff.goza@hsc.state.tx.us](mailto:jeff.goza@hsc.state.tx.us)