



TEXAS
Health and Human
Services

Abilene State Supported Living Center

OUR MISSION:
To empower people to make choices
that result in a life of dignity and
increased independence.

AbSSLC News

Abilene SSLC

Week of July 20th, 2020

Calling in Sick

- If you are calling in for any kind of illness, you **MUST** call the Nursing Hotline **FIRST**. If you or anyone in your household is tested for COVID-19 you must call the Nursing Hotline immediately. You can reach this line by dialing **INFO (x4636)** from any campus phone or by calling **692-4053 x4636** from off-campus.
- After contacting the hotline you must then follow your regular call-in procedure.

Heat Precautions

Helpful Reminders for you and the people we serve:

- Limit outdoor activity, especially midday when the sun is hottest.
- Be sure all vehicles are cool and have properly working air conditioning. If the air conditioning is not working properly, report it to Motor Pool.
- Sunscreen should be worn and reapplied as indicated on the package.
- Pace activities. Start activities slow and pick up the pace gradually.
- Drink more water than usual and don't wait until you're thirsty to drink more. Encourage Individuals to do so. Muscle cramping may be an early sign of heat-related illness.
- You and the Individuals should wear loose, lightweight, light-colored clothing.
- If you or an Individual need to cool down, cool showers or baths are helpful.
- **Never leave anyone in a car unsupervised.**

Another Winner!



Debbie Taylor from FCT/D was the latest winner of the \$100 given by Associate Commissioner Scott Schalchlin. If you aren't registered for Scott's text line you can do so by texting **AbSSLC** to **797979**.

Wear.the.Mask – Here.There.Anywhere

Timber!



The guys in Grounds did a great job in taking down a large tree outside 6480 Mimosa!

Web Address Spoofing

Spoofed web addresses imitate legitimate web addresses by either altering characters within the web address or associating another address with similar characteristics to the legitimate address. An example would be "**m1crosoft.com**" or "**microsoft-software.biz**." Spoofed web addresses are increasingly used by cybercriminals to multiply the spread of malware.



2020 Survey of Employee Engagement

July 6th – July 24th

Check your email for your chance to participate!

Shout Outs!

Just want to give a shout out to all the ATC's (Active Treatment Coaches) that have been assigned to and working at a home during this COVID-19 pandemic! You all have done it without complaint and have been a tremendous help to the homes you are assigned. I greatly appreciate it and I'm sure the homes that are receiving the extra help do as well!! Keep on keeping on and hopefully things will get back to normal soon!

Shout out to the **Abilene Regional Accounting Office!** Many don't realize the amount of "behind the scenes" work that goes into keeping the bills paid for AbSSLC (and the other facilities in our region). They are also responsible for the Trust Fund and Travel. They are a huge part of the facility, but you never hear much about them.

A special Shout Out to those **traveling to assist at the Corpus Christi SSLC.** Our sister facility is seeing a huge outbreak of COVID19 for both staff and Individuals. Our staff (along with staff from other SSLCs) are assisting to make sure everyone is taken care of!

Shout Out!

Have you seen someone do the above & beyond or just want to recognize great work?

- "Reply" to any of the update texts you receive through the AskAdmin Text Group
- Email Jeff Goza with their name and your comments.
- Text your comments to 325.370.4525

Let's **Shout Out** and recognize others!