



TEXAS  
Health and Human  
Services

# Abilene State Supported Living Center

**OUR MISSION:**  
To empower people to make choices  
that result in a life of dignity and  
increased independence.

## AbSSLC News

Abilene SSLC

Week of March 2<sup>nd</sup>, 2020

### Spring forward



Don't forget to set  
clocks ahead  
one hour  
at 2 a.m.  
Sunday.

Sunday, March 8<sup>th</sup>, 2020

### Word of the Week

Like



Start the sign a bit out from your chest with my middle finger and thumb pointing back toward your chest (but not touching either your chest or each other). Then move your hand forward while bringing the index and thumb together.

### Trash & Glove Reminders

This information seems like common sense, but it can be very important (life changing important) for those we serve.

- Assure disposable gloves are safely disposed of after use.
- Don't carry disposable gloves in your pockets. Sanitation is not assured in pockets and the gloves can easily slip out.
- Assure disposable gloves are secured in glove disposal boxes if boxes are required in the areas where you work.
- Please secure all trash in bags before placing them in dumpsters.
- Pick up and dispose of trash around the buildings where you work on a routine basis. This is especially important on windy days.
- When you are walking about campus, take a moment to pick up and secure trash.
- We are also finding **cigarette butts** on campus. Smoking is not only against HHSC/AbSSLC policy but also creates a **very significant risk** to the Individuals that live here.
- Please ensure trash bags are **securely tied** before placing them in the dumpster. It's very easy for them to spill out when not tied.
- Don't place bags around the dumpster – if the dumpster is full, take a minute or three to take it to an empty one.
- Don't move the large plastic dumpsters – they must be left where placed to be accessible to the truck.

### Run, Hide, Fight

The Run, Hide, Fight video shows you what you can do in the event of an Active Shooter. This video is recommended as part of our emergency preparedness planning.

Website: <http://www.readyhouston.tx.gov/suspicious-activity/videos-and-resources/>



Watch on your  
phone – Scan the  
Code!



Don't forget  
to wash &  
sanitize  
your hands  
frequently!

### Texas State Employee Union

(World Famous) 5<sup>th</sup> Street Diner  
Thursday, March 5<sup>th</sup> & Friday, March 6<sup>th</sup>  
7:30am-4:30pm



Have you  
gotten your  
**FREE Day**  
Off?

### Life Safety Code Tip of the Week

No storage on top of shelving within 18 vertical inches of the level of the sprinkler heads (if room is equipped with sprinklers). **This is especially critical in closets.**



View the newsletter  
on your phone.  
Scan the Code!