



TEXAS
Health and Human
Services

★ Abilene State Supported Living Center ★

OUR MISSION:
To empower people to make choices
that result in a life of dignity and
increased independence.

AbSSLC News

Abilene SSLC

Week of April 3rd, 2023

COVID19 Testing @ LSCTH

Tuesday, April 4th
0530-1130 & 1300-1500

Make-up Day
Thursday, April 6th
1300-1500

Email Phishing

Email is a common vector for malware and ransomware. Please remain vigilant of phishing attempts that will take advantage of the harried season of IRS tax filing.

Be aware of email messages claiming to be from familiar organizations or individuals asking you to reveal personal or HHS information, such as passwords or credit card numbers. These emails may actually be malware threats.

If you suspect a phishing attempt, always use the [Phish Alert button](#) in Outlook.

Typical Red Flags

- Unfamiliar tone or greeting given the context of the sender and message
- Inconsistencies in email addresses, hyperlinks, web addresses, and display names
- Threats or requirements to respond with a sense of urgency
- Unusual requests to not follow a policy or to send money in an unconventional manner
- Suspicious attachments, file types, or the names of file (e.g., @pps\$5B2A3D1E076.rar)
- Requests for credentials, payment information, or other personal details

Never Take These Actions:

- Reply to the message
- Attempt to visit hyperlinks within the message
- Save or open attachments
- Simply delete the message or move it to "junk" folder

Want to Strengthen Your Ability to Spot a Phish?

We've loaded short training videos, modules, and games into KnowBe4, our partner platform for cybersecurity awareness. Visit the KnowBe4 site, enter your work email address, then click Library at the top of the page to view the trainings.

Contact infosecurity@hhs.state.tx.us for questions about the KnowBe4 platform.

Source: HHS Information Technology



2023 TB Skin Test

04/03/2023 & 04/04/2023
06:00-11:00 and 13:00-15:00
Nursing Education Classroom
(B646 – just north of the LSCTH)



Both the **(World Famous)**
5th Street Diner & Lone
Star Coffee & Tea House
are now open for inside
dining!

Come see us!

Remember that (visible) name badges are
required at all times while on campus



Click the [link](#) or scan the code to let us know your questions
or tell us your ideas and thoughts to make AbSSLC an even
better place to live & work!



Shout Outs!

Shout Out! I just want to let you know that **Victoria Walker** (Housekeeping) is doing an amazing job at 6700 Circle Drive. Thank you!

Shout out to the **Recreation staff** working at 591 7th Street last Tuesday afternoon. The fire alarm sounded in the building and staff quickly got everyone evacuated in a safe and timely manner.

I would like to give a BIG THANK YOU to the following PNMP-C's: **Patricia Robinson, Loren Diaz, Gina Davila, Monica Cloud, Marissa Williams, Jonathon Petrosky, Jessica Jones, Maria Schmidt** and COTA **Anmarie Crosdale**. They worked together to walk over 15 individuals to and from their scheduled Podiatry Clinic appointments. Great teamwork and much appreciated!

I would like to give a shout out to **Nicole Spalding** and **Tricia Reyes!** March is National Nutrition Month (it's still March as I write this) and these two take on the responsibility of making sure every individual on campus has a diet specific to their needs. On top of keeping up with each person's diet they also have to keep up with their preferences and likes/dislikes. These ladies are awesome and are great at what they do!

Wanted to give a Shout Out to 6400 Plum Home Staff **Mark Contreras, Raul Rodriguez, Jordan Stevenson** and **Chance Golden**. These gentlemen are always active with the residents on the home every single time I have visited the home, no matter what time of day I happen to be visiting. I wanted these wonderful employees to know their dedication and hard work is seen and very appreciated. That home is stronger now than it has been in the past and it is because of the hard work these employees do every day.

I would like to shout out the Housekeeper at 6400 Plum. He goes above and beyond in keeping the home clean and is always available if needed. He is always working hard and makes sure everything is taken care of! We appreciate you **Grayson!**

Shout Out!

Have you seen someone do the above & beyond or just want to recognize great work?

It's easy to do a Shout Out!

- "Reply" to any of the update texts you receive through the AskAdmin Text Group
- Email Jeff Goza with their name and your comments
- Text their name and your comments to 325.370.4525

Let's **Shout Out** and recognize others!