



TEXAS
Health and Human
Services

Abilene State Supported Living Center

OUR MISSION:
To empower people to make choices
that result in a life of dignity and
increased independence.

AbSSLC News

Abilene SSLC

Week of September 20th, 2021

COVID19 Testing

Week of 09.20.2021

We are testing **2x** per week!

Round 1

Tuesday, September 21st
0530-1130 & 1300-1500

or

Wednesday, September 22nd
0700-1130 & 1300-1500

Round 2

Thursday, September 23rd
0530-1130 & 1300-1500

or

Friday, September 24th
0700-1130 & 1300-1500

You must test **both rounds** each week

Are you signed up for the AskAdmin text group?
This is the best way to keep up with happenings at
AbSSLC! Text **AskAdmin** to **474747** to join!

AbSSLC COVID19 Status – As of Friday, 09/17/21

(counts since July 1st, 2021)

Number of Individuals Positive	0
Number of Individuals currently in Isolation	0
Number of Staff Positive	29

Off-Campus COVID19 Testing

It is very important that Nursing is notified (**and in a timely manner**) if you are tested for COVID19 off-campus and what the results were. We are learning of tests being done days later and this can be very problematic, especially if you test positive!

2021 Flu Shot Clinic

Monday, September 20th &
Tuesday, September 21st
5:30am-12pm – 1pm-3pm

B646 – Nursing (next to the LSCTH)

You will need to complete a Flu Shot Consent form to receive the shot. Please see your supervisor to get this form and have it with you – this will save time.

If you elect to not get the shot, you will need to complete a Flu Shot declination form. Your supervisor will have this form available as well.



BAKE SALE

Benefiting the Nursing Department

MENU:

- Jessica Moore's Famous Brownies- \$20/pan (Pre-Order)
 - Rice Crispy Squares- \$2/ea.
 - Assorted Cookies- \$3/bag.
 - Pecan Pies- \$15/ea. (2 available)
- Okie's Homemade Strawberry Cake- \$15/ea. (12 available)
 - Strawberry Poke Cake- \$20/ea. (2 available)
 - Strawberry Poke Cake Slices- \$3/ea.
 - Heath Bar Cake- \$15 (1 available)
 - Heath Bar Cake Slices- \$3/ea.
 - Sopapilla Cheesecake- \$12/ea. (2 available)
 - Peanut Butter & Chocolate Fudge- \$2/3 squares
 - Buttermilk Pie- \$12/ea. (2 available)
 - White Chocolate Covered Oreos- 2 for \$3
 - Italian Cream Cake- \$20/ea. (2 available).
 - Sausage Balls 3 for \$2
 - Monkey Bread- \$15 (1 available)

IF YOU WOULD LIKE TO PRE-PURCHASE CAKES OR PIES PLEASE
EMAIL KRISTAL CHESSER OR MELANIE CHOATE

09/20/21-09/21/21
5:30 AM-12 PM & 1 PM- 5 PM

Come To The Nursing Building 6460 For Some Yummy Treats and
to Receive Your FLU SHOT!!

Cash/Checks/Cards (Square) /PayPal: absslc nursing@gmail.com
Make Checks Payable to AbSSLC Nursing Booster Club



Shout Outs!

For staff appreciation week I would like to take a minute to recognize the **Direct Care Staff** of ABSSLC. In these times of uncertainty, grief, and fear they continue to drive thru the gates of ABSSLC every day. They do it for love. Now some may say it's just because they need a paycheck, and in some way they would be right. We are all here for a paycheck yes, but not out of greed but for the love of our children so that we may put food on their tables at night, for a spouse that may have lost their job, or our parents who are elderly or can no longer care for themselves. But most of us could get a paycheck anywhere. Each day we have staff who are tired, some so exhausted they almost can't function. But they wake up, get dressed, leave their families behind and drive thru the gates. They get their temperatures checked and walk thru the doors of the homes of the people we serve. They wear masks they can't breathe in, glasses they can't see out of and sometimes gowns that soak their clothes in sweat. And they do so out of love. They leave their children and their families behind to take care of those who can't care for themselves. They do so unselfishly and for the love of the people they serve. Each day our direct care staff come knowing that they may likely be here before the sun rises until long after the sun has set. And that it may be like that for what seems like an infinite number of days. They will miss their child's play or soccer game or even their first birthday. But they do it for love. They often go unrecognized and unappreciated, but they still come regardless. They come for not only their own families but for the love people that live here and who need them as much as their own families do.

I know that times are hard right now. I'm sure that many of you feel like there is no end in sight. To the staff that feel tired...mind, body, and soul; I want you to know you are appreciated. To those who feel unseen for all your efforts ...you are recognized. For those that want to leave because it's all too much, please remember that you are strong. And for those of you who feel broken by life ... remember love. The love that our residents feel for you even if they can't communicate it. They need you. We are in a war. A war with a pandemic, fear, exhaustion, with holdover, even with each other at times. But our residents need you to keep being their heroes. And we can win if we just keep driving thru the gates every day. If we just keep walking thru the doors and letting love prevail. We will make it through these hard times, and we will do so stronger and more courageous than we ever could have imagined.

I would like to send a huge shout out to everyone at **Nursing Administration** who covered for me while I was out sick. I also want to send a shout out to the Case Manager Facilitators who helped cover the hospital reports so **Pam Lantrip** could cover. Everyone was so great to pull together and cover the Infection Control department. I am so blessed to have such a great team behind me. I truly work with some of the best!

A big SHOUT OUT to our **Security Team**. These guys must have knowledge of a little of everything on campus, from unstopping toilets to assisting Homes at the Laundry to get washcloths to checking on the welfare of the Individuals that love to explore. They are very quick to drop what they are doing to assist with on Campus emergencies or

anything else that may come up. Your hard work does not go unnoticed!

We have been doing the any day hires recently. **Yvonnia** and the **Infirmity Staff** helped so much when that young lady was shadowing for 10 full days. She said she really enjoyed the experience. They did it one other time but it was only a couple of days. We had another any-day-hire today and I have been out a week and was very unprepared. Yvonnia took off today and I didn't know - **Recreation** to save the day! **Adriana** and the crew are showing her how they work!

I want give a shout out to **Amber Davis, Dotty Pacheco, Marty Underwood, Michala Cox, and Laura Fuentes** from the Activity Center. They made the great banner honoring the staff at AbSSLC you see as you leave campus. Thanks for all of your talents!

Shout out to RCCs **Amanda, Diana and Ashley**. Amanda and Diana always help me with NEPT tours and Ashley holds down the RCC front.

Thank you to everyone who helped make Staff Appreciation Week 2021 a success. It takes an army to make it happen and I can't imagine having an army better than the one we have at AbSSLC.

THANK YOU ...

- The **Volunteer Services Council (VSC)** and **Naler Endowment** for allowing funds to be used for this week's special events.
- **Night Shift Supervisors** for helping distribute to the night crew.
- **Department heads/Home Supervisors** for helping distribute items to your crew throughout the week.
- **Melody Theiss**, Community Relations for designing the koozies.
- **Cindy Arellano** and **Melody Theiss** for always being willing and ready to jump in and help do whatever is asked, whenever asked, with a smile on their face.
- **Campus Administrators** for helping with soda night~ Thank You **Silbia Sanchez** for being available and willing...and the rest of the crew for letting us borrow Silbia on a crazy busy night.
- **Recreation Crew** who starts popping corn "in the middle of the night" and arranges delivery until everyone gets their popcorn.
- **Jeff Goza, Emily Jenkins, Debbie Cagle** and everyone else who helped deliver popcorn to departments/homes.

I want to send a Shout Out to **Cindy Bowman, Adriana Diaz, and Justin Rivera** for coming in at 4:00 AM on Popcorn Day to make sure staff had the freshest popcorn ever! Thanks for all you guys do every day!