



TEXAS
Health and Human
Services

Abilene State Supported Living Center

OUR MISSION:
To empower people to make choices
that result in a life of dignity and
increased independence.

AbSSLC News

Abilene SSLC

Week of June 14th, 2021

COVID19 Testing

Week of 06.14.2021

We should know by noon Monday if testing is required this week. Our testing frequency is based on numbers received from CMS.

If testing is required, we will follow our normal Tuesday/Wednesday schedule and will announce it via text & email

Are you signed up for the AskAdmin text group? This is the best way to keep up with happenings at AbSSLC! Text **AskAdmin** to **474747** to join!

Our Museum Needs You!

Does your department have a unique item that is perfect for our upcoming museum? Have you seen a special item from our past that you think would be perfect to display? Items such as antique furniture, tools used for specialized purposes, collections of old books, therapy equipment that was cutting edge for its day and time. We're interested in hearing from you!

The Museum Steering Committee needs your help to make sure we know about these interesting items that are tucked away across our beautiful campus.

Please contact your Department Head to let them know what you have, so we can arrange for pick-up and use in our museum. Thank you!

Heat Precautions

Helpful Reminders for you and the people we serve:

- Limit outdoor activity, especially midday when the sun is hottest.
- Be sure all vehicles are cool and have properly working air conditioning. If the air conditioning is not working properly, report it to Motor Pool.
- Sunscreen should be worn and reapplied as indicated on the package.
- Pace activities. Start activities slow and pick up the pace gradually.
- Drink more water than usual and don't wait until you're thirsty to drink more. Encourage Individuals to do the same thing. Muscle cramping may be an early sign of heat-related illness.
- You and the Individuals should wear loose, lightweight, light-colored clothing.
- If you or an Individual need to cool down, cool showers or baths are helpful.
- **Never leave anyone in a car unsupervised. This can be deadly and only takes minutes for it to happen!** You should double-check each time you return from an activity to ensure the vehicle is empty and all of the doors are secure. Leave the window down 1" for ventilation.

Parking @ the Infirmary

Parking in the NE parking lot at the Infirmary (across from 6450 Plum) is very limited. Unless you have a designated spot in this lot, you cannot park there.

The lot is primarily reserved for Transportation so they can provide transport to those going to/from the Infirmary.



Loud Music

Although we all know that (a) country music is the best music and (b) sometimes we need it loud to enjoy it even more, having your music turned up to a building shaking volume while on campus is not a safe thing for anyone. Please ensure your car radio cannot be heard outside your car – you need to be able to hear other things that might be going on!



Dial "0" for help

Shout Outs!

Shout out to all the **Infirmiry Staff** for always trying to help one another when they are in need of time off and coverage is short. That is what a team is and what a team does for one another.

Shout Out to **Ashley Marrow** in Recreation! Two times now, I've seen Ashley at the Chapel services. Both times, she is exceptional with the individuals ... with her kindness and competence of the situation at hand. Truly an asset to our field, and we're lucky to have her.

The RCC's would love to shout out **Josh Graham** (6400 Plum), **Billy Hale** (5971 Service Ave), **Nick Ensminger** (5972 Service Ave), **Jevon Jackson** (6350 1st Street), and **Matthew Prudence** (6380 7th Street). These guys were amazingly good sports in helping Behavior Services out! They were needed to help assist in a few crises this past week and when called to respond they did it without a fuss as did the shift leads of the homes. THANK YOU! I know not only do we appreciate your help, but so do all of the staff involved.

Shout out to **Annemarie Crosdale** from the HAB Department. She came through my morning line the Centennial Park entrance gate. She had a huge smile and a giant bag of burritos from La Popular. She handed me one and told me to have a blessed day and that I'm not alone back here at the gate and that my job is important. Not only did it make my day 10 million times better she also handed me another burrito for the car behind her, she said a single act of kindness is not forgotten in someone's day. This selfless act of pay it forward was more than enough to put a smile on my face and the young man in the next car as well.

Shout out to all Incident Management staff; **John Harlan, Teressa Thomson, Silbia Sanchez, Christian Ramsey, and Martin Okello**. Day in and day out these people do exceptional work and are the very pillars that forms the foundation for Incident Management. I appreciate all your hard work and devotion to serving the people who live at ABSLC. Thank you, **Jessica Garcia**, for everything you've done for Incident Management and continue to do. Your contributions are greatly appreciated, and you will do great things in your new role as the HRO. We welcome **Teressa Thomson** to our daytime team. We are excited to have her working 8a – 5p with us.

Shout Out!

Have you seen someone do the above & beyond or just want to recognize great work?

It's easy to do a Shout Out!

- “Reply” to any of the update texts you receive through the AskAdmin Text Group
- Email Jeff Goza with their name and your comments
- Text their name and your comments to 325.370.4525

Let's **Shout Out** and recognize others!