



TEXAS  
Health and Human  
Services

★ Abilene State Supported Living Center ★

**OUR MISSION:**  
To empower people to make choices  
that result in a life of dignity and  
increased independence.

# AbSSLC News

Abilene SSLC

Week of April 12<sup>th</sup>, 2021

## Calling in Sick

If you are calling in for any kind of illness, you **MUST** call the Nursing Hotline **FIRST**. If you or anyone in your household is tested for COVID-19 you must call the Nursing Hotline immediately.

You must also contact **Risk Management** to be cleared.

**Please be watching for changes in this procedure later in the week.**

## A Part of Abilene History

The Grace Museum is featuring a special exhibit on the history of the Abilene Epileptic colony through July 15<sup>th</sup>. It's a huge part of Abilene history and the beginning of our work today!

You can learn more about the exhibit here:

<https://tapit.us/aN3kic> as well as see the article in Abilene Scene magazine: <https://tapit.us/DYUTNr>

## Traffic Safety

As the weather gets warmer, we will have more and more Individuals and staff out walking. This makes it even more important to be obeying the traffic safety rules on campus!

- The speed limit on all campus roads is 15mph. Ideally you will stay between 10 and 15mph to give you plenty of time to make a quick stop if needed.
- You must come to a full stop at all Stop signs. Remember we live in Texas, so a California Stop is not allowed!
- Don't ever (ever, ever) attempt to go around an individual that is having a behavior crisis in the road. This can be extremely dangerous for them and staff with them as you never know what the person might do.
- Remember that your vehicle must be secured at all times. This means your doors are **all** locked and windows are left down no more than 1" for ventilation.

## Heat Precautions

Helpful Reminders for you and the people we serve:

- Limit outdoor activity, especially midday when the sun is hottest.
- Be sure all vehicles are cool and have properly working air conditioning. If the air conditioning is not working properly, report it to Motor Pool.
- Sunscreen should be worn and reapplied as indicated on the package.
- Pace activities. Start activities slow and pick up the pace gradually.
- Drink more water than usual and don't wait until you're thirsty to drink more. Encourage Individuals to do the same thing. Muscle cramping may be an early sign of heat-related illness.
- You and the Individuals should wear loose, lightweight, light-colored clothing.
- If you or an Individual need to cool down, cool showers or baths are helpful.
- **Never leave anyone in a car unsupervised.**



## Make-up TB Clinic

Nursing  
Building (B646)  
Monday  
April 12<sup>th</sup>  
1330-1500

**Wear  
The  
Badge!**

## Springtime Watering

This is the time of year we need to start watering around campus. SNOVID was very hard on many of our trees & bushes so we need to work hard to keep what survived well water. We need your help in watering immediately around your Home/Department – Maintenance takes care of the ones you can't reach but there is lots to water! And please don't let water run down the street ...

**Have you certified your March 2021 Timesheet?**

# Shout Outs!

I wanted to give a shout out to the **Warehouse staff** who have gone above and beyond to make sure that we at 6450 Plum have what we need to take care of our individuals.

A shout out to **Maintenance** for working this past Saturday. A bunch of the guys were working on 3 different projects around campus!

Shout out to the **staff at 6760 Circle Drive!** I would like to say thank you to all the staff who regularly come to work and thank you for the great job you do for our ladies. You are all appreciated, and your work never goes unnoticed! We would like to wish the best of LUCK to **Jessica Jones** in her new position across campus. And also a big thanks to **Tiffani Pope** for all of her help while assigned to the home for most of the past year! THANK YOU ALL!!

Shout Out to **Rhonda Duncan** the HAS at 6510 Peach & 6480 Mimosa for her outstanding job helping me with organizing haircuts for both homes.

I would like to send a shout out to the guys in plumbing, **JT** and **Ricky** for getting our water on back on as quickly as possible. And to **David** in Maintenance for our fancy outside light.

## Shout Out!

Have you seen someone do the above & beyond or just want to recognize great work?

It's easy to do a Shout Out!

- "Reply" to any of the update texts you receive through the AskAdmin Text Group
- Email Jeff Goza with their name and your comments
- Text their name and your comments to 325.370.4525

Let's **Shout Out** and recognize others!