

* Abilene State Supported Living Center *

OUR MISSION: To empower people to make choices that result in a life of dignity and increased independence.

Abilene SSLC

AbSSLC News

Week of June 22nd, 2020

AbSSLC Nursing Hotline for COVID19 Testing or Symptoms

If **you**, or **anyone in your household**, are tested for COVID19, it is **critical** that you contact the AbSSLC Nursing Hotline. You can reach this line by dialing INFO (x4636) from any campus phone or by calling 692-4053 x4636 from off-campus.

You must also contact them **before you report to work** if you have any of the following symptoms: Temperature > 100.0, cough, sore throat and/or headache.

Heat Precautions

Helpful Reminders for you and the people we serve:

- Limit outdoor activity, especially midday when the sun is hottest.
- Be sure all vehicles are cool and have properly working air conditioning. If the air conditioning is not working properly, report it to Motor Pool.
- Sunscreen should be worn and reapplied as indicated on the package.
- Pace activities. Start activities slow and pick up the pace gradually.
- Drink more water than usual and don't wait until you're thirsty to drink more. Encourage Individuals to do so. Muscle cramping may be an early sign of heat-related illness.
- You and the Individuals should wear loose, lightweight, light-colored clothing.
- If you or a Individual need to cool down, cool showers or baths are helpful.
- Never leave anyone in a car unsupervised.





Two of the young men from 6380 7th Street have some great fish tales to share after a recent trip to the Oakwood Trails Pond.

Signing In/Out

It is extremely important that you sign in/out of any building you enter that is not considered your "home" building. Your home building is where you normally work. You must sign in/out of <u>any other building</u> you enter, including the (World Famous) 5th Street Diner and Lone Star Coffee & Tea House. This process must be done each time you enter a building – go in 5 times, you will have 5 entries.

Please <u>print</u> your full name and other information requested – if we can't read it we can't locate you later if needed. Also, please indicate "AM" or "PM" on your time entry or enter it in Military Time (ie: 3:38am or 0338).

AbSSLC.org

ERS Open Enrollment for FY21 June 22nd – July 4th





When is "Zero" a great thing? When it shows the number of staff calling in for the entire month of May!

Special recognition to: 6-2 shift at 6760 Circle Drive 10-6 shifts at 6330 3rd Street, 6360 1st Street & 6710 Circle Drive

Shout Outs!

Carlos Hinojosa (Housekeeping) does an AMAZING job at keeping our building clean and shiny from the ceiling to floor and from inside to out. Walking in every morning the building smells so good and the floors and windows are always sparkling. Carlos is always willing to help us out with anything & everything, takes pride in his work, and works hard every single day. Thank You Carlos ~ We appreciate YOU!

Jessica Moore - I just wanted to tell you how impressed I was with the procedures you put in place for the COVID testing. It was amazing; it all went like clockwork. You did a great job!! Thank you for all the work you put into this and for all the your staff that assisted with the testing. You have a wonderful Team!

Shout out to **Jessica Moore** and her team for doing the COVID testing so efficiently. Great job!

Shout Out!

Have you seen someone do the above & beyond or just want to recognize great work? There are four ways to send your Shout Out!

- "Reply" to any of the update texts you receive through the AskAdmin Text Group
- Text their name and your comments to 325.370.4525
- Email Jeff Goza with their name and your comments
- Leave a message on the AbSSLC Talk Line

Let's Shout Out and recognize others!