

Our Mission:

To empower people to make choices that result in a life of dignity and increased independence.

AbSSLC News

Week of May 21st, 2018



5th Street Diner

The Diner is now open for your eating pleasure!
7:30am-4:30pm Monday-Friday

Scent Free Campus

AbSSLC is a "Scent Free" campus. This means that no perfume, cologne, scented soap or scented body spray can be worn.

Staff found to have on a fragrance of any kind will be sent home to change. This also includes times you may be here for classes – even if it's your day off.

New Parking Permits

New parking permits are being distributed for all staff. This permit, which fits behind your review mirror, replaces the windshield sticker currently being used.



If you park your vehicle on campus you must have the permit displayed. Failure to do so may result in you losing your ability to drive/park on campus.

Get Ready for Summer Enrollment

Summer enrollment is around the corner and is the only time of year you can make benefit changes, unless you have a qualifying life event like the birth of a child, marriage or divorce.

Make sure the contact information ERS has on file for you is correct by May 31 so you don't miss important information coming to you in the mail, including your summer enrollment packet.

To check if your account information is accurate, follow these steps:

1. Go to the ERS homepage at <http://www.ers.texas.gov/>.
2. Click on My Account Login, which is the brown button, located in the top right corner of the webpage.
3. If you have registered in ERS OnLine, click Proceed to login, where you can then sign in to your account. (If you haven't registered, follow the steps to do so.)
4. Enter your Username and Password. Your individual home page should now appear.
5. Click on the View Benefits Summary button.

YOU are the best source for the next great employee @ AbSSLC!

Please tell your friends & family about us – AbSSLC.org

Call 4444 for all campus emergencies

(dialing "0" can seriously delay your response)

Exercise Tip of the Week:

Move your body every day - Remember to prioritize movement, not just the concept of "exercise." Even on days you don't get a workout in, be sure you take a walk, stretch, stand, or dance! Your body was meant to move: enjoy it.